

Free development program

HELPING HAND

Edition IV

Special edition for people with disabilities and neurodivergence



Do you feel invisible in the labor market because of your neurodiversity or physical health conditions?

Are you **highly skilled** but facing barriers due to your disability when seeking employment? If you have at least **communicative English**, consider experiencing a diverse work environment where individuals with disabilities or neurodiverse backgrounds are welcomed.

Join our educational program led by business practitioners based on employee volunteering. **Gain valuable business skills**, expand your professional network, enhance your language proficiency, and explore the dynamics of working in a international organization.



What is Helping Hand Project - 4th edition?

This is a FREE, educational project for people with neurodivergence and physical disabilities.

If you speak English and would like to work in modern business services sector the project is for you.

We are looking for diverse individuals who are willing to enhance their careers and find new opportunities in the sector that offers inclusive workplace.



The project will allow you to:

- acquire new competences
- expand your professional network
- adapt to the new work environment
- increase self-confidence and motivation in seeking employment
- obtain individual support of (dedicated) mentor experienced in the field of your interest
- gain the certificate confirming progress of your skills and knowledge
- exchange experience and make friends with people in a situation similar to yours

Project application and learning will be conducted online.

Apply through the website: www.stellavirium.org

call: 509 20 60 33, 502 151 079 e-mail: biuro@stellavirium.org

We are waiting for you!

STELLA VIRIUM Foundation in Krakow, ul. Syrokomli 11/8



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